











# FOOD SERVICES BRANCH






## Elementary Breakfast Menu










6002 march 2009


<b>MONDAY March 2</b>  Vegetarian Italian Bagel ✓  SUPER CEREAL-Bran Flakes with Raisin & Graham Crackers ✓ <i>Fresh Apple Slices ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>TUESDAY March 3</b> BRILLANT Café LA Signature Coffee Cake ✓ Country Waffle Sticks & Chicken Hoagie <i>Fresh Orange ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>WEDNESDAY March 4</b> INCREDIBAGEL & Lite Cream Cheese ✓  SUPER CEREAL-Multigrain Cheerios & Graham Crackers ✓ <i>Chilled Apricots ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>THURSDAY March 5</b> Country Waffle Sticks & Beef Sausage Patty  Glorious Morning Burrito & String Cheese <i>Fresh Pear ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>FRIDAY March 6</b>  Cinnamon French Toast & Chicken Hoagie SUPER CEREAL-Oats, Toasted & Graham Crackers ✓ <i>Chilled Peaches ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓
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<b>MONDAY March 9</b>  Vegetarian Italian Bagel ✓  Whole Grain Cereal Bowl-Bran Flakes with Raisin & Graham Crackers ✓ <i>Fresh Apple Slices ✓</i> *Choice of Milk ✓ *Chilled Orange Juice ✓	<b>TUESDAY March 10</b> Café LA Signature Coffee Cake ✓ Country Waffle Sticks & Chicken Hoagie <i>Fresh Orange ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>WEDNESDAY March 11</b> Sliced Bagel & Lite Cream Cheese ✓  Whole Grain Cereal Bowl-Multigrain Cheerios & Graham Crackers ✓ <i>Chilled Apricots ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>THURSDAY March 12</b> Country Waffle Sticks & Beef Sausage Patty  Glorious Morning Burrito & String Cheese <i>Fresh Pear ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>FRIDAY March 13</b>  Cinnamon French Toast & Chicken Hoagie Whole Grain Cereal Bowl-Oats, Toasted & Graham Crackers ✓ <i>Chilled Peaches ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓
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<b>MONDAY March 16</b>  Vegetarian Italian Bagel ✓  Whole Grain Cereal Bowl-Bran Flakes with Raisin & Graham Crackers ✓ <i>Fresh Apple Slices ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>TUESDAY March 17</b> Café LA Signature Coffee Cake ✓ Country Waffle Sticks & Chicken Hoagie <i>Fresh Orange ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>WEDNESDAY March 18</b> Sliced Bagel & Lite Cream Cheese ✓  Whole Grain Cereal Bowl-Multigrain Cheerios & Graham Crackers ✓ <i>Chilled Apricots ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>THURSDAY March 19</b> Country Waffle Sticks & Beef Sausage Patty  Glorious Morning Burrito & String Cheese <i>Fresh Pear ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>FRIDAY March 20</b>  Cinnamon French Toast & Chicken Hoagie Whole Grain Cereal Bowl-Oats, Toasted & Graham Crackers ✓ <i>Chilled Peaches ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓
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<b>MONDAY March 23</b>  Vegetarian Italian Bagel ✓  Whole Grain Cereal Bowl-Bran Flakes with Raisin & Graham Crackers ✓ <i>Fresh Apple Slices ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>TUESDAY March 24</b> Café LA Signature Coffee Cake ✓ Country Waffle Sticks & Chicken Hoagie <i>Fresh Orange ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>WEDNESDAY March 25</b> Sliced Bagel & Lite Cream Cheese ✓  Whole Grain Cereal Bowl-Multigrain Cheerios & Graham Crackers ✓ <i>Chilled Apricots ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓	<b>THURSDAY March 26</b> Country Waffle Sticks & Beef Sausage Patty  Glorious Morning Burrito & String Cheese <i>Fresh Pear ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>FRIDAY March 27</b>  Cinnamon French Toast & Chicken Hoagie Whole Grain Cereal Bowl-Oats, Toasted & Graham Crackers ✓ <i>Chilled Peaches ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓
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<b>MONDAY March 30</b>  Vegetarian Italian Bagel ✓  Whole Grain Cereal Bowl-Bran Flakes with Raisin & Graham Crackers ✓ <i>Fresh Apple Slices ✓</i> <i>Chilled Orange Juice ✓</i> *Choice of Milk ✓	<b>TUESDAY March 31</b> Café LA Signature Coffee Cake ✓ Country Waffle Sticks & Chicken Hoagie <i>Fresh Orange ✓</i> <i>Chilled Apple Juice ✓</i> *Choice of Milk ✓
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Items highlighted in green represent fruit/vegetable components. Menus are subject to change.  Represent Whole Grain  
 This Institution is an equal opportunity provider. Menus are subject to change.

